

Mental, Emotional, and Social Health (MESH)

Tips for Dealing with MESH Situations Involving Suicide Threats/Attempts

The leader or adult directly involved in a suicide crisis should:

Take every threat seriously. Involve another adult individual, **two deep leadership applies in all situations.**

If a person becomes agitated or exhibits or verbalizes threatening behaviors toward themselves or others, call 911. Call to be made by the unit/troop leader.

Remove the person from the group. Removing the person from the group will provide privacy, limit risk to others, and help de-escalate any conflicts. Do not leave the person alone unless it is safe. They should be supervised until additional help arrives.

Get additional help for the situation. Call the Scout Executive or the Assistant Scout Executive. They will call the adult leader for the unit, if not at the activity.

Provide support while waiting for additional help. Listen if they wish to talk. Do not act judgmentally. Do not promise to keep what they tell you a secret.